

Immunomodulatory Hydroxide Layered Nanoparticles for Local Periodontal Therapy

Ana F. Bettencourt¹; Victor Martin^{2,3}; Isabel Ribeiro¹; Maria Helena Fernandes^{2,3}; Catarina Santos^{4,5}; Pedro Gomes^{2,3}

¹Research Institute for Medicines (iMed.U LISBOA), Faculty of Pharmacy, Universidade de Lisboa, Lisboa, Portugal. ²BoneLab, Faculdade de Medicina Dentária, Universidade do Porto, Porto, Portugal. ³LAQV/REQUIMTE, Faculdade de Medicina Dentária, Universidade do Porto, Porto, Portugal. ⁴CQE, IMS, Instituto Superior Técnico, Universidade de Lisboa, Lisboa, Portugal. ⁵Instituto Politécnico de Setúbal, Setúbal, Portugal.

Introduction

Periodontal and peri-implant diseases (PDPIs) are chronic inflammatory conditions driven by biofilms and an exacerbated host immune response, leading to tissue destruction and **implant failure** (1).

Conventional therapies fail to control inflammation, highlighting the need for local immunomodulatory strategies. Current standard therapies focus on mechanical debridement and antibacterial regimens, with limited emphasis on immunomodulation.

Objective: To develop **zinc-magnesium layered hydroxide nanoparticles** loaded with **rosehip**, an anti-inflammatory and antioxidant phytochemical (2).

Methods

Layered zinc-magnesium hydroxide nanoparticles (Zn-Mg NPs) were synthesized and doped with rosehip (RH) extract. NPs were characterized for **crystalline structure**, **ionic composition**, **surface charge**, and **morphology**.

Cytocompatibility was assessed using human gingival fibroblasts (HGFs).

Antioxidant activity was evaluated via free radical scavenging assays.

Anti-inflammatory effects were analyzed by quantitative PCR of *IL1B*, *IL6*, and *NFkB1* in HGF monocultures and a 3D organotypic oral mucosal model.

Results

Zn-Mg NPs displayed a **nanolayered** zinc hydroxide structure with a plate-like morphology (**Fig. 1a**). The presence of RH phytochemicals was confirmed by the detection of polyphenols (**Fig. 1b**), further resulting in decreased particle size, surface charge (**Fig. 1c**), and lower crystallinity (**Fig. 1d**). Both NPs were cytocompatible at 1 and 10 $\mu\text{g/mL}$, and cytotoxic at 50 $\mu\text{g/mL}$ (**Fig. 2a**). Only RH NPs displayed ROS scavenging capabilities (**Fig. 2b**).

NPs' anti-inflammatory activity (**Fig. 2c and 2d**), the expression of *IL1*, *IL6*, and *NFkB1* genes was significantly downregulated by both NPs, but RH-Zn-Mg NPs displayed a **superior efficacy in downregulating** all assessed pro-inflammatory genes in the 3D mucosal model, achieving values comparable to those of LPS-untreated cultures.

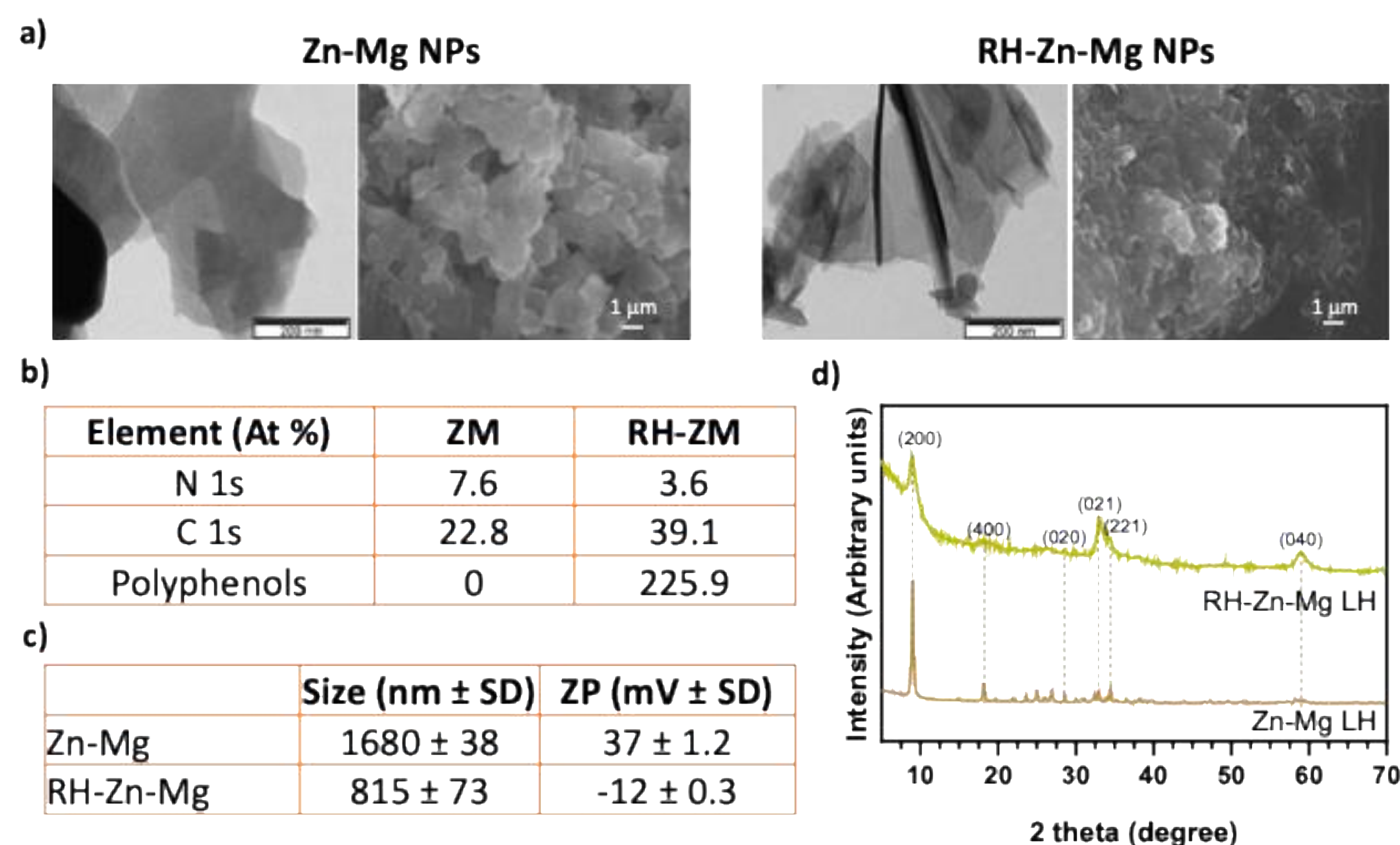


Fig. 1. Physicochemical characterization of Zn-Mg NPs: a) morphology (TEM), b) chemical composition (XPS), c) size and surface charge (DLS), d) crystallinity (XRD).

Conclusions

Rosehip-doped layered Zn-Mg hydroxide NPs exhibit favorable physicochemical properties, cytocompatibility, and enhanced immunomodulatory activity, supporting their potential as local controlled release systems for the treatment of periodontal and peri-implant diseases.

Acknowledgements

Fundação para a Ciência e Tecnologia (FCT), Portugal, for funding the Projects: 2022.06464; UID/04138/2025 (DOI:10.54499/UID/04138/2025); 15980 ref.2023.16511.ICDT (DOI:10.54499/2023.16511.ICDT). COMPETE2030-FEDER-00711700 and LISBOA2030-FEDER-00711700 are also recognized under Project 15980; Research Institute for Medicines (iMed.U LISBOA) through the R&D unit UID/04138/2025 (DOI: <https://doi.org/10.54499/UID/04138/2025>), UID/PRR/04138/2025 (DOI: <https://doi.org/10.54499/UID/PRR/04138/2025>), and UID/PRR2/04138/2025 (DOI: <https://doi.org/10.54499/UID/PRR2/04138/2025>)

References

(1) Mehrnia N, Van Dyke TE. Front Cell Infect Microbiol. 2026;7;15:1678163. (2) Zhu F, Du B, Xu B. Crit. Rev. Food Sci. Nutr. 2018;58; 1260-1270.

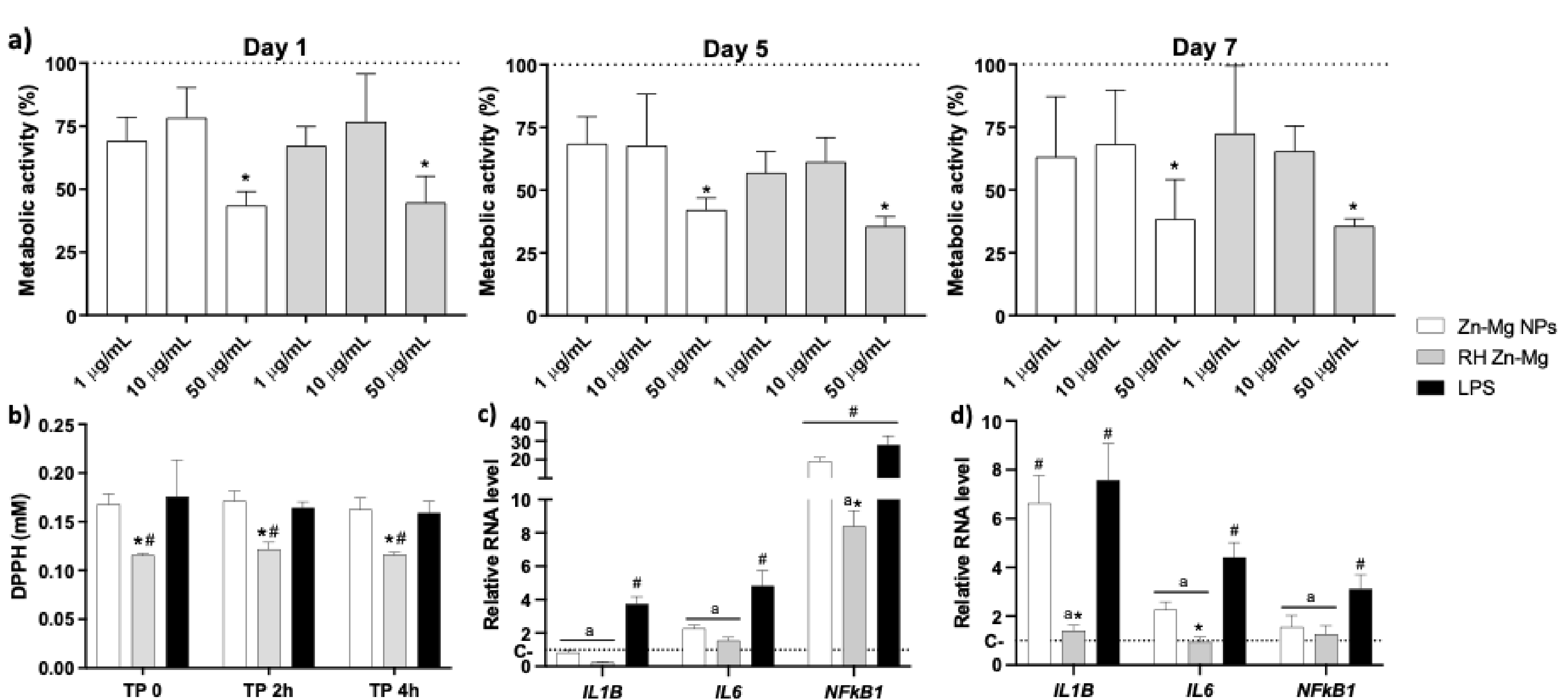


Fig. 2. Biological characterization of NPs. a) Metabolic activity, normalized by the control (100%). (*) Statistically different from control. b) ROS scavenging activity. (*) Statistically different from control; (#) Significantly different from Zn-Mg NPs group. Anti-inflammatory activity of NPs in c) HGF cultures and d) in 3D organotypic mucosal model. (#) different from negative control; (*) Different from Zn-Mg NPs; (a) Different from LPS. $p < 0.05$.